

## **Speaking Topics:**

### **Courage to Connect**

Based on her forthcoming book, *The New Loneliness* (releasing January 2025), Cindi addresses how women can overcome this nation's "epidemic of loneliness" and thrive in this post-pandemic, increasingly isolating, screens-over-faces culture. She will help you:

- connect more closely with God by knowing that He is with you and for you
- surrender to God your anxiety, disappointments, and disillusionment with why life is difficult
- gain a servant mindset instead of comparing and competing with others
- develop deeper friendships with women in the church
- experience *every* relationship from a position of courage and confidence

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### **Brave**

Women often shrink from their calling to be who God designed them to be out of fear, doubt, or deep-rooted insecurities. This one-day conference or weekend retreat will help you:

- discover who you really are apart from the titles, labels, and obligations in your life
- gain confidence by understanding Who it is who makes you strong
- trust God's character in every area that you might otherwise feel anxious
- embrace God's purpose for you without hesitation

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### **Choose Joy!**

How can we choose joy in the midst of life's difficulties? By understanding God has a plan and purpose for our lives that comes into play through our every circumstance. This one-day conference or weekend retreat will help you:

- realize joy is about your unchanging condition, not your changing circumstances
- recognize Who is really in control of your life and surrender to Him

- respond in ways that will help you grow through your circumstances
- remember the great things God can do so that you are a person of praise and expectation, not pity and negativism.

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## **Immeasurably More**

This three-session conference or 4-session retreat, based on Ephesians 3:20 and Cindi's book *When God Sees Your Tears*, takes an in-depth look at the life of Hannah in the Old Testament and shows you how to:

- surrender to God your "missing piece" so He becomes all you are longing for
- choose victory rather than letting someone or something steal your joy
- believe God for more when you don't understand why He's allowing difficult circumstances
- trust God's timing and process for bringing about His best for your life

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## **You Can Be Drama Free**

Women know what drama is, in their circle of friends, their workplace, their extended families, and in the unexpected circumstances of life. But drama doesn't have to dictate our lives or distract us from our purpose. This retreat helps women:

- surrender their desire for control and accept God's script for their lives
- respond appropriately to situations that would otherwise escalate
- incorporate "scene changes" to eliminate inevitable drama
- gain a deeper trust in Christ, their anchor in the storms that swirl around them'

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## **Broken and Beautiful**

This conference, based on Psalm 147:3 and Cindi's book, *When a Woman Overcomes Life's Hurts*, takes women through 10 steps of healing and wholeness in three 45- minute sessions, two which include musical backdrops to help Scripture come alive. Through these sessions, women will:

- realize there's a purpose in their pain and a beautiful story God is waiting to unfold in their lives

- reshape their understanding of God through the Scriptures
- re-examine the healing power of the cross and how it applies to them
- revisit forgiveness toward others and the true meaning of surrender
- live their purpose as they start re-investing in the lives of others.

(This theme has a 2-minute promotional video that can be played in your church service to promote the conference or retreat.)

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### **Restored!**

Every woman needs to have her soul restored from the busyness, complacency or disappointments in life. Through Scriptural insights and practical helps, Cindi shows you how to:

- see God as the Only One who truly satisfies
- develop a desperation for God and long for His healing touch
- experience a new confidence through a proper understanding of Who God is
- enjoy the blessing of investing in the lives of others

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### **Women on the Edge**

Every day, women stand at the crossroads of life longing for change, direction, and ways to make a difference. Such frustration can drive women away from God or toward Him. Through personal stories and real-life accounts of biblical women, Cindi shows women they are not alone in their everyday frustrations that make them feel they're going to go over the edge. Cindi shares how women can thrive even in the hard times and:

- shift their focus from self to God
- trust their heavenly Father more with the things they cannot control
- enjoy the confidence that comes from a heart wholly surrendered to Him
- turn their temporary frustrations into lasting fulfillment

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### **Discovering Your Dream**

You were created by God to live out a unique purpose. Yet, too many women smother their God-given dreams and live unfulfilled lives. Cindi's message explores God's design for you and how to live out the dream He has placed in your heart. Experience a boost in your soul as she helps you:

- verbalize new dreams for the first time

- resurrect lost dreams and see them to fruition
- find the boldness to give up a draining career, and pursue the dream you've always wanted
- connect your desires and natural abilities to God's purpose for your life

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## **"Island Hideaway" Rest Retreat**

Sometimes your soul needs a break from the busyness of life. Cindi's Hawaiian-themed weekend retreat or one-day conference focuses on Psalm 32:7 in *The Message*: ("God's my island hideaway, keeps danger far from shore, throws garlands of hosannas around my neck."). These presentations refresh women who feel weary, overwhelmed, and stressed about life. Enjoy a new sense of rejuvenation as Cindi enables you to:

- increase your ability to identify and say "no" to busyness
- revive through time alone with God in rest and worship
- learn how to slow down and spend more time with loved ones
- maximize your peace and productivity
- discover new sources of endurance in the face of stress

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## **The Role of a Lifetime**

A woman tends to define her role in life by her responsibilities and relationships. Yet God sees her apart from what she does and has given her an irreplaceable role and a "red carpet" she hasn't realized. This "Hollywood-themed" retreat stresses the amazing worth of a woman in God's eyes. Cindi helps women:

- build lasting confidence by seeing who you are in God's eyes
- turn loss and disappointment into new paths with clear direction
- relate to women in the Bible as if you knew them personally
- see your potential to make a difference in this world

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## **Longings of a Woman's Heart**

Do you carry unmet emotional needs, but find that your husband or friends can't offer the fulfillment you desire? Cindi looks at the longings of a woman's heart, where she goes to satisfy those longings, and the kind of fulfillment only found in an intimate relationship with Christ. Through these talks, she will help you:

- experience unconditional love knowing God is your constant companion
  - enjoy the closeness of expectation-free friendships
  - enjoy contentment, whether single or married, and see your circumstances as God's "Plan A"
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### **When You're Running on Empty**

What if you could finish the day feeling energized by your activities, rather than worn out by busyness? In this message, Cindi offers inspiration to revive and restore your spirit. Learn practical ways to:

- break the everyday routine by identifying God's divine appointments and blessings
  - implement good health habits that recharge your energy
  - invest in others without guilt and fatigue
  - avoid burnout by leaning on God for daily power
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### **'Tis the Season to be Stress Free**

Do you dread the holidays, rather than anticipate them, because of all there is to do? In this upbeat presentation, Cindi speaks to the heart of every woman who finds herself busy and stressed over the Christmas season. Find new ways to:

- slow down and enter the holiday season with a focused heart
  - re-energize through practical tips so you're not "running on empty"
  - gain a greater focus on what's most important at this time of year
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### **Celebrate the Savior**

Christmas is a time to celebrate the true Source of a woman's strength. Invite Cindi to share her encouraging message that helps you:

- appreciate the kind of friend you have in Jesus
- discover God as the Father you may not have had
- experience freedom through God's forgiveness and gift of eternal life