

Contents

Where Is the Love.....	5
1. Consider His Heart – <i>Stepping Back to See the Whole Picture</i>	15
2. Think It Through— <i>Renewing Your Mind to Respond Like a New Wife</i>	31
3. Keep Him First— <i>Prioritizing Him Above Everyone Else</i>	45
4. Let It Go— <i>Practicing Acceptance, Not Accusation</i>	59
5. Switch It Up— <i>Incorporating New Habits at Home</i>	73
6. Let Him Breathe— <i>Giving Up the Smothering, Mothering, and Hovering</i>	85
7. Light Him Up— <i>Praising the Man God Created Him to Be</i>	95
8. Close the Gap— <i>Steering Clear of the Emotional Cave</i>	113
9. Help Him Out— <i>Becoming His Reliable Partner</i>	131
10. Wait It Out— <i>Praying It Through When You’d Rather Talk It Out</i>	143
11. Stick It Out— <i>Choosing Love When You’d Rather Leave</i>	157
12. Bring It Back— <i>Returning to the Way Things Used to Be</i>	169
Additional Resources to Help You Experience More	
Self-Assessment: How Far Have You Come?	189
Dying to Self in Your Marriage	193
Scriptural Encouragement for Difficult Days	195
How to Encourage Your Husband to Pray with You	205
Encouragement and Advice from Couples	211
Notes.....	217