

# Discovering Your Dream

(From *When a Woman Discovers Her Dream* by Cindi McMenamini)

1. If time and money were no object, what would you love to be doing, at this moment, as a career or calling?

\_\_\_\_\_ Why? \_\_\_\_\_

2. Looking at what you wanted to be when you were a child, and what you loved to spend your time doing as you grew up is only part of the picture. Chances are, residues of that dream still remain in your heart today. Since it may have been awhile since you've really thought about what it is you were designed to do, or what makes your heart sing, try this.

**Step 1:** Read through the following verbs. Circle the words that really resonate with your heart:

accomplish    bestow    brighten    build    call    cause    communicate    compel    complete  
compose    confirm    continue    defend    delight    devise    demonstrate    direct    discover  
distribute    dream    educate    embrace    encourage    engage    enhance    enlighten    enliven  
excite    explore    express    extend    facilitate    finance    foster    further    gather  
generate    give    grant    heal    hold    host    identify    illuminate    implement  
improve    inspire    integrate    involve    know    labor    launch    lead    live    love  
make    manifest    measure    mediate    model    motivate    negotiate    nurture    open  
organize    participate    persuade    praise    prepare    promote    pursue    realize    reclaim  
reflect    release    renew    resonate    restore    satisfy    save    serve    share    speak  
support    surrender    sustain    team    touch    translate    travel    understand    use  
validate    value    venture    volunteer    work    worship    write    yield

Now narrow your choice down to just three of those verbs that are the most meaningful and purposeful to you and fill them in the blanks below:

\_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_

**Step 2:**

Next, think about what you stand for, what your cause is, or what you'd be willing to devote your life to or even die for. Would it be family values, or truth, or God's Word, or justice? Think about your passion, (which literally means what you'd be willing to suffer for), and then insert that word or phrase here:

\_\_\_\_\_

**Step 3:**

Our dream is never about just us. Who is it you are being called to help or serve? Who is it that stands to benefit from you living out your dream? Is it children? Women? The elderly? Think about it and write that one group, entity, or cause you would most like to help or impact in a positive way:

\_\_\_\_\_.

**Step 4:**

Now put the puzzle pieces together.

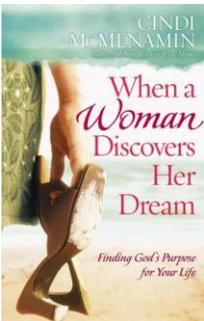
My dream is to:

\_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_  
(your three verbs)

\_\_\_\_\_  
(your cause or value)

to, for or with

\_\_\_\_\_  
(the group or cause which most moves you)



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