

Discovering Your Dream

(From *When a Woman Discovers Her Dream* by Cindi McMenamini)

1. If time and money were no object, what would you love to be doing, at this moment, as a career or calling?

_____ Why? _____

2. Looking at what you wanted to be when you were a child, and what you loved to spend your time doing as you grew up is only part of the picture. Chances are, residues of that dream still remain in your heart today. Since it may have been awhile since you've really thought about what it is you were designed to do, or what makes your heart sing, try this.

Step 1: Read through the following verbs. Circle the words that really resonate with your heart:

accomplish bestow brighten build call cause communicate compel complete
compose confirm continue defend delight devise demonstrate direct discover
distribute dream educate embrace encourage engage enhance enlighten enliven
excite explore express extend facilitate finance foster further gather
generate give grant heal hold host identify illuminate implement
improve inspire integrate involve know labor launch lead live love
make manifest measure mediate model motivate negotiate nurture open
organize participate persuade praise prepare promote pursue realize reclaim
reflect release renew resonate restore satisfy save serve share speak
support surrender sustain team touch translate travel understand use
validate value venture volunteer work worship write yield

Now narrow your choice down to just three of those verbs that are the most meaningful and purposeful to you and fill them in the blanks below:

_____, _____ and _____

Step 2:

Next, think about what you stand for, what your cause is, or what you'd be willing to devote your life to or even die for. Would it be family values, or truth, or God's Word, or justice? Think about your passion, (which literally means what you'd be willing to suffer for), and then insert that word or phrase here:

Step 3:

Our dream is never about just us. Who is it you are being called to help or serve? Who is it that stands to benefit from you living out your dream? Is it children? Women? The elderly? Think about it and write that one group, entity, or cause you would most like to help or impact in a positive way:

_____.

Step 4:

Now put the puzzle pieces together.

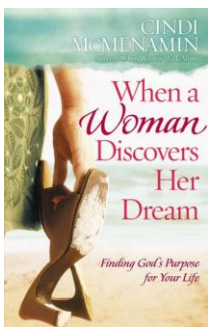
My dream is to:

_____, _____, and _____
(your three verbs)

(your cause or value)

to, for or with

(the group or cause which most moves you)



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